



THE COMMON

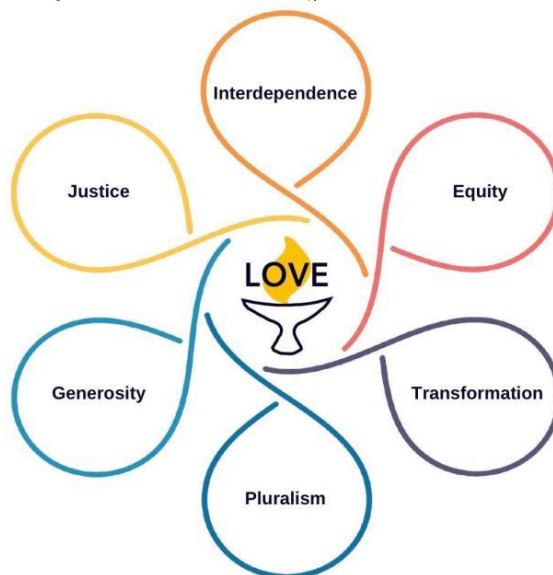
UNITARIAN UNIVERSALIST CONGREGATION OF CASTINE

July 2023

A Month of Sundays in July

During the month of July, we'll explore the meaning and possibilities of the values of our proposed revised By-Laws.

2	"To Secure the Blessings of Liberty." Guest Minister - The Rev. J. Mark Worth Guest musician – Joan Kroehler, Trinity Episcopal Church
9	Equity & Justice Worship Leader - Rev. Margaret Beckman Music – Karen Froehly
16	Transformation Worship Leader – Rev. Margaret Beckman Music – Karen Froehly
23	Generosity Worship Leader – Rev. Margaret Beckman Music – Colleen Fitzgerald
30	Love Worship Leader – Rev. Margaret Beckman Music – Our whole music team – Karen Froehly, Colleen Fitzgerald, Juliane Gardner, Christopher Poulin, and Morgan Davis



Our Mission

To establish and promote an open and welcoming congregation that supports and sustains the spiritual, ethical, intellectual and overall well-being of our members while serving our broader communities.

Contact Us

P.O. Box 520, 86 Court Street, Castine, ME 04421
207-326-9083 • Email: office@uucastine.org
Website: uucastine.org • “Like” us on Facebook

For questions or comments about The Common or to submit items for this newsletter, please contact Debbie Morehouse office@uucastine.org.

From the President's Desk: An Independence Day Message

I look at the calendar and think how can it be July already?

Soon it will be the 4th of July, and I have so much to be thankful for; my freedom, there is no war on our homeland, people still pray and try to help each other. My heart thanks those many men and women who fought and gave their lives for freedom. Thanks to those who stayed home to keep things going to support those soldiers.

Let's sing patriotic songs, salute the flag, think of the Gold Star families and be a little kinder, a little more forgiving and a little more accepting. We have those freedoms, let's use them. Love to All, Cindi



Official Notice of a Congregational Meeting July 9 following Sunday service

Members of the Congregation of the Unitarian Universalist Congregation of Castine are hereby notified of a Congregational Meeting on July 9, immediately following Sunday service to discuss and vote on the Governing Board's recommendation that \$1,100,000 be allocated to purchase land and buildings located at 88 Court Street in Castine and other expenses related to that transaction. For more information, please contact Cindi Kimball ackimball1995@msn.com.

Lakeside Reflections July 2023

Today, I am keenly aware that after twenty years of parish ministry, this is my final *Lakeside Reflections*. Lately, I have experienced a number of moments when I realize, “Oh, this is the last time I will ...” Bitter-Sweet only just begins to describe my emotions. I am living in the liminal time between finishing my call to parish ministry and beginning whatever lies in front of me in retirement. Joan Borysenko, PhD, expert in the mind-body connection, describes it perfectly: “liminal time [is] that pregnant pause between what is no longer and what is not yet.” At some moments, this pause is uncomfortable. And yet, more often, I try to relax into the present moment, the experience, the delight of holding this precious pause between what I am finishing and what I have yet to begin. Liminal time is the lived experience of impermanence. Not knowing and change are our constant companions.

When we entered into this shared ministry on May 1st seven years ago, I knew that my ministry with the Unitarian Universalist Congregation of Castine would be my terminal settlement. There is no place I would rather have been. We have done well together. As I prepare to pass through the gateway from what I have known and loved to an unknown future, I am filled with humility and gratitude for this ministry and this congregation that has been my professional spiritual practice and home.

You too are living in liminal time as you consider the next best version of UUC



*Abby Aldrich Rockefeller Garden
(Seal Harbor, ME).*

Photo M. Beckman

minister and ministry. Joan Borysenko says, “Those who make it through liminal time with courage and heart return to a transformed life bearing precious gifts: perspective, gratitude, courage, wisdom.” To this life beyond the unknowing liminal time, you will arrive and the joy of new shared ministry will take root and grow.

My dear Spiritual Companions, it has been a pleasure and an honor to serve you and share this ministry with you. As I bid you farewell on July 30th, please know that I leave with more gratitude and peace than I could have imagined possible when I began the journey of ministry. It

has been the adventure of a lifetime and the fulfillment of a call long delayed and finally realized. You too will pass into the next best version of yourselves. Of this I am confident. Though some tears may be shed in the bitter-sweetness of our parting, the future promises joy and companionship that will unfold in its own time.

As I often do, I offer a final blessing. This is from John O’Donohue’s blessing “For A New Beginning.”

*Though your destination is not yet clear
You can trust the promise of this opening;
Unfurl yourself into the grace of beginning
That is at one with your life's desire.*

*Awaken your spirit to adventure;
Hold nothing back, learn to find ease in risk;
Soon you will home in a new rhythm,
For your soul senses the world that awaits you.*

And finally, in faith and service,

Namaste,
Margaret

No Neighbor Left Behind July 14, 2023

The summer NNLB meal is almost upon us—so here is the scoop on the various jobs we need to fill in order to pull this off:

Cooks for Chicken Drumsticks

Job entails rubbing a mixture under the skin and on top of the drumsticks, then baking the drumsticks for approx. 35 min. at 400 degrees. (Until fork poked into thick part of meat draws out clear juice.

Deliver the baked chicken to the Trinitarian Church (Main Street Church) at 12:30 p.m.

What is provided:

24 chicken drumsticks
2 aluminum trays
rub mix (you add the oil.)

Pasta Salad Makers

Job entails creating a pasta salad containing veggies (such as peas, corn, beans, diced red peppers - whatever works in your recipe) that will provide 12 half cup servings.

Deliver the 12 containers to the Trinitarian Church at 12:30 p.m.

What is provided:

12 cups and lids

You contribute the salad.

Note: This weekend I will make a test-run version and share the ingredients and proportions with anyone who wants them.

Jello with Fruit

Emma Sweet has volunteered to make all 124 servings—Thank you, Emma & Crew!

Meal Packers

Show up at 12:30 p.m. at the Main Street Church and let the chaos MAGIC begin!

Drivers

To the stalwart core of drivers who make the deliveries. Be available at 2 p.m., with fingers crossed that we will launch you on your way shortly thereafter! If not, we will press you into helping us finish packing.

NOTE: We have a **cookie challenge!** Chad Davis has volunteered to make AT LEAST six dozen cookies. If five people volunteer to make 30 cookies each, we will have enough cookies to give two cookies with each meal.

So there we have it. I especially need to line up more pasta salad makers and a few cooks for the chicken. Call me to volunteer and I will work out the delivery of materials, as needed, to you!

All best, Johanna Sweet

JOIN US FOR
OUR ANNUAL
BASTILLE
DAY
CELEBRATION

THURSDAY
JULY 14
2022
CASTINE

10-12:30
Dyce Head
Lighthouse Tour
Tours of the Lighthouse Tower

1-2:00
Walking Tours
Castine Historical Society
Meet @ Town Common

2-4:00
Ice Cream Social
Wilson Museum
Cross the street after the
Walking Tour

5:30-7
Picnic en Blanc
Court Street in front of Town Hall
Maine 200 Birthday cake served
Call 326-4502 for reservations

7-8:30
Pat Colwell &
the Soul Sensations
Rhythm & Blues Motown
60's-70's music on the
Town Common

Come for
lunch at the
waterfront
and shop in
downtown
Castine

www.VisitCastine.com

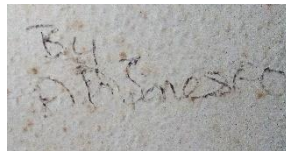
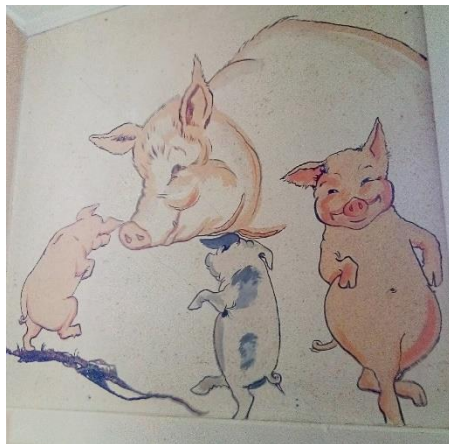
Parish House Renovation Update

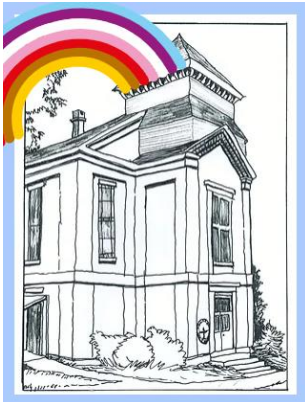
Renovation has begun with lots of sawing, banging, etc. We know it will be lovely when it is complete! Remember, the Parish House is now a construction zone. For everyone’s safety, please use the front doors of the church ONLY. There is now a handicap-accessible port-a-potty located on the Common side of the church for our use on Sundays. The "office" has moved to the sanctuary and we will be open via the front doors during office hours (generally, Mon-Wed 9-noon, and Thurs. 1-4) as well as by phone 326-9083 and email: office@uucastine.org. We've found that the right door as you face the front of the Church sticks less, so try that one first.



We have made a discovery! When the burlap covered panels in the RE room were taken down, we discovered some very worse-for-wear, but delightful paintings of nursery rhymes on the old plaster walls underneath. Does anyone know when these were painted and by whom? There is a signature, below center, but it’s hard to read.

Here’s a test: can you name and recite any or all of the rhymes depicted?





Rebecca Jessup Poetry Night

The Belfast UU church will be the site of a reading of Rebecca Jessup's poetry on Sunday night July 9th from 6-8 p.m.

Rebecca Jessup, of blessed memory, was the wife of the Rev. Dr. Duncan Newcomer -

one of our "three amigos" preachers.

ladys slipper



mystical july
a ladys slipper
oversees meadow

by Caren Krutsinger

From Patrisha McLean's Facebook Page:



The Unitarian Universalist Congregation of Castine, Maine has been a major supporter of Finding Our Voices from even before we were a nonprofit. So it was an honor and delight to share with the congregants at the Sunday service yesterday some of the joy and love, comfort and safety, their Deborah Pulliam Social Justice grants are bringing to survivors across Maine.

I was moved by the thought and care that Reverend Margaret Beckman put into the program, from the reading of the poem "Rise" to the song performed so beautifully by Juliane Gardner and Chris Poulin "There is More Love Somewhere".

